

GABA_A receptors as targets for different classes of drugs

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Abstract

GABA_A receptors are the major inhibitory transmitter receptors in the brain and are the site of action of many clinically important drugs that modulate anxiety, excitability of the brain, feeding and drinking behavior, circadian rhythms, cognition, vigilance, learning and memory. Evidence has accumulated for the existence of a multiplicity of GABA_A receptor subtypes with distinct regional, cellular and subcellular distribution in the brain. Each of these receptors has a distinct structure and thus also exhibits distinct pharmacological properties. Drugs selectively interacting with these receptor subtypes should therefore exert highly selective actions. This conclusion was recently supported by evidence indicating that different receptor subtypes mediate different actions of drugs. This review discusses recent progress in the development of GABA_A receptor subtype-selective drugs, as well as recent structural information indicating that these receptors contain a multiplicity of possible binding pockets that could become targets for the development of novel drugs with subtype-specific actions. Targeting drugs to GABA_A receptor subtypes holds promise for the treatment of various diseases with a reduced incidence of side effects. In addition, therapeutic applications beyond those of classical benzodiazepines may emerge for drugs specifically enhancing or reducing the activity of minor GABA_A receptor subtypes located only at certain neurons.

Introduction

γ-Aminobutyric acid (GABA) is the most abundant inhibitory transmitter in the central nervous system (CNS), with 17-20% of all neurons in the brain being GABAergic (1). Most of the physiological actions of GABA are generated via GABA_A receptors. These receptors are chloride ion channels comprised of five protein subunits that can be opened by GABA and can be modulated by a variety of pharmacologically and clinically important drugs, such as benzodiazepines, barbiturates, steroids, anesthetics and convulsants (2). These drugs produce at least part of their clinically relevant effects by interacting with distinct allosteric binding sites on GABA_A receptors. Based on the pharmacological action of these drugs, it was concluded that GABA_A receptors are involved in controlling the excitability of the brain and in the modulation of anxiety, feeding and drinking behavior, circadian rhythms, cognition, vigilance, memory and learning (3).

Multiplicity of GABA_A receptor subtypes

GABA_A receptors are comprised of five subunits that form the central chloride ion channel and belong to different subunit classes. A total of six α, three β, three γ, one δ, one ε, one π, one θ and three ρ subunits of GABA_A receptors, as well as alternatively spliced isoforms of several of these subunits, have been cloned and sequenced from the mammalian nervous system (4, 5), and all these subunits have a distinct regional, cellular and subcellular distribution (3, 6-8). There are neurons expressing only a few GABA_A receptor subunits and others that appear to express most, if not all, of these subunits, giving rise to the formation of a large variety of distinct receptor subtypes. Depending on their subunit composition, these receptor subtypes exhibit distinct pharmacological and electrophysiological properties (2, 9).

The majority of GABA_A receptors are comprised of two α, two β and one γ subunit. The two α or two β subunits are not necessarily identical. In a minority of GABA_A receptors, the δ, ε and π subunits appear to be able to replace the γ subunit, whereas the θ subunit may be able to replace a β subunit in these receptors (3). However, little data are currently available on the subunit composition of GABA_A receptors containing ε, π or θ subunits. ρ

Subunits predominantly form homo-oligomeric receptors or hetero-oligomeric receptors with each other, but other subunit combinations containing ρ subunits also appear to be possible (10).

It has been estimated that more than 500 distinct GABA_A receptor subtypes exist in the brain (3). Most of these receptors are present in minor amounts. Nevertheless, due to the ubiquitous presence and quantitative importance of the GABAergic system in the brain, even receptors present at low levels might be as abundant as some norepinephrine, dopamine or 5-HT receptor subtypes. The existence of a large number of receptor subtypes with distinct regional and cellular distribution thus offers the possibility to develop subtype-selective compounds with highly specific actions.

GABA_A receptor subtypes mediate distinct drug effects

The actual proof that different GABA_A receptor subtypes mediate different effects of drugs was provided recently using a combined molecular genetic and pharmacological approach (11). This approach was based on the introduction of a point mutation into an α subunit of GABA_A receptors, which renders receptors containing the mutated α subunit insensitive to allosteric modulation by diazepam. Most of the actions of diazepam are mediated via receptors comprised of $\alpha 1\beta\gamma 2$, $\alpha 2\beta\gamma 2$, $\alpha 3\beta\gamma 2$ or $\alpha 5\beta\gamma 2$ subunits (see section on the benzodiazepine binding site of GABA_A receptors). When the point mutation was introduced into the $\alpha 1$ subunit, diazepam was no longer able to interact with $\alpha 1$ -containing receptors and mediated its effects through only $\alpha 2$ -, $\alpha 3$ - or $\alpha 5$ -containing receptors. A comparison of drug-induced behavioral responses in the mutated and wild-type mice then allowed the identification of the diazepam effects that were missing in mutant mice, which in turn allowed for the determination of the contribution of $\alpha 1$ -containing receptors to the effects of diazepam. Using this approach, it was demonstrated that receptors comprised of $\alpha 1$, β and $\gamma 2$ subunits mediate the sedative, anterograde amnesic and, in part, the anticonvulsant actions of diazepam (11, 12). After similar mutations were introduced into the genes of $\alpha 2$, $\alpha 3$ or $\alpha 5$ subunits, it was demonstrated that receptors comprised of $\alpha 2$, β and $\gamma 2$ subunits appear to mediate the anxiolytic and, at appreciably higher doses, the muscle relaxant actions of diazepam (13, 14). In addition, diazepam appears to affect the sleep and waking EEG pattern via these receptors (15). Receptors comprised of $\alpha 3$, β and $\gamma 2$ subunits were reported to mediate some of the muscle relaxant activities of diazepam and possibly the antiabsence effects of clonazepam (14, 16), and receptors comprised of $\alpha 5$, β and $\gamma 2$ subunits appear to influence learning and memory (17). The latter conclusion was supported by studies with $\alpha 5$ subunit knockout mice which indicated that these mice exhibit significantly improved performance in learning and memory tasks (18). Selective inverse agonists at $\alpha 5$ receptors should therefore enhance learning and memory.

Using a similar molecular genetic and pharmacological approach for receptors containing different β subunits, it was demonstrated that receptors comprised of α , $\beta 2$ and $\gamma 2$ subunits mediate the sedative, ataxic and hypothermic effects of the general anesthetic etomidate (19). In contrast, receptors comprised of α , $\beta 3$ and $\gamma 2$ subunits are primarily responsible for mediating the anesthetic effects of etomidate (20). Recently, using $\alpha 5$ subunit knockout mice, it was demonstrated that $\alpha 5$ -containing receptors mediate the amnesic but not the sedative/hypnotic effects of etomidate. Drugs that increase the function of $\alpha 5$ -containing receptors may thus cause amnesia without sedation or unconsciousness, and may be of use to suppress the intraoperative awareness occurring in 1 or 2 cases per 1,000 anesthetized patients (21). Thus, in summary, different receptor subtypes mediate different effects of drugs, strongly suggesting that GABA_A receptor subtype-selective drugs should exhibit selective actions with significantly reduced side effects.

Pharmacology of GABA_A receptors

GABA_A receptors can not only be directly activated or inhibited via their GABA binding site, but they can also be allosterically modulated by a variety of different drugs, the number of which is constantly increasing (2, 10, 22). Currently, only three distinct binding sites present on GABA_A receptors can be directly investigated by appropriate radioligand binding studies: the GABA/muscimol, benzodiazepine and *tert*-butylbicyclopenthyronthionate (TBPS)/picrotoxin binding sites. Using such studies, compounds competitively interacting with the radioligands, and thus directly binding to the respective sites, can be identified (2). The interaction of all other drugs with GABA_A receptors can only be investigated by electrophysiology or by studying the allosteric effects of these drugs at the [³H]-muscimol, [³H]-benzodiazepine or [³⁵S]-TBPS binding site. However, in most cases these techniques do not allow us to clarify whether the allosteric effects of different ligands are mediated via the same or distinct binding sites. Therefore, the total number of allosteric binding sites present on GABA_A receptors is not known. In addition, closer investigation of the effects observed indicated that compounds in many cases concentration-dependently interact with several allosteric binding sites, giving rise to sometimes opposite effects on GABA-induced chloride ion flux at different concentrations (2, 10). Furthermore, many compounds have been identified that can not only modulate GABA-induced chloride flux, but at higher concentrations can also directly activate the GABA_A receptor-associated chloride channel in the absence of GABA (2, 23).

All these effects contribute to the high degree of complexity of the pharmacology of GABA_A receptors, which is further increased by the fact that the pharmacological properties depend on the GABA_A receptor subtype investigated. Since a large number of receptor subtypes contribute to receptor binding studies in brain membranes or

whole-cell patch clamp studies in slices, a mixture of effects is observed that can not easily be attributed to a single receptor subtype. In order to clarify the pharmacology of drugs, it is therefore imperative to investigate drug actions on individual recombinant receptor subtypes. However, thorough functional studies on the pharmacology of recombinant receptors using different drugs have only recently been published, and therefore no detailed information on the efficacy of interaction with different receptor subtypes is available for most drugs (10). Moreover, even using recombinant receptors, more than one receptor subtype could be spontaneously formed upon co-transfection of several GABA_A receptor subunits into heterologous expression systems and the mixture of receptors again can confound the pharmacological results (24).

Drugs interacting with the GABA binding site of GABA_A receptors

Currently, only a few different classes of compounds are known to be ligands for the GABA binding site (25). Studies on recombinant GABA_A receptors have indicated that the currently known full agonists (exhibiting efficacy comparable to GABA) or antagonists at the GABA binding site of these receptors appear not to exhibit significant receptor subtype selectivity (26-28). Consequently, due to the ubiquitous distribution of GABA_A receptors, these compounds cause inhibition of most neuronal systems, strongly interfering with the function of the brain, causing sedation, movement disturbances and other severe side effects upon systemic application. On the other hand, GABA_A receptor antagonists precipitate anxiety and convulsions.

However, several partial agonists at the GABA binding site of GABA_A receptors, such as imidazole-4-acetic acid, piperidine-4-sulfonic acid, THIP (4,5,6,7-tetrahydroisoxazolo[5,4-c]pyridin-3-ol, gaboxadol) or 4-PIOL (5-[4-piperidyl]isoxazol-3-ol), have been developed which exhibit some receptor subtype-dependent potency and efficacy (25, 29). Thus, THIP is approximately 10 times more potent at $\alpha 4\beta 3\delta$ than at $\alpha 4\beta 3\gamma 2S$ receptors. This compound, which is currently in clinical development, also appears to exhibit a highly interesting spectrum of *in vivo* actions. For instance, it appears to have potent analgesic effects comparable to morphine and to improve the quality of sleep (25, 29).

Drugs interacting with the benzodiazepine binding site of GABA_A receptors

Benzodiazepines, such as diazepam, are the strongest anticonvulsant, muscle relaxant, sedative/hypnotic and anxiolytic compounds in clinical use. They enhance the action of GABA on GABA_A receptors by increasing the GABA-induced frequency of opening of chloride channels and thus allosterically modulating these receptors (23). Benzodiazepines and compounds interacting with the benzodiazepine binding site of GABA_A

receptors can only modulate ongoing GABAergic activity. These compounds cannot elicit chloride ion flux in the absence of GABA, and thus exhibit extremely low toxicity.

Many different classes of compounds have been identified to interact with the benzodiazepine binding site of GABA_A receptors (2, 5, 30, 31). In each of these classes, compounds have been identified that enhance or reduce the action of GABA on GABA_A receptors. Compounds that enhance the actions of GABA are called allosteric "agonists". These compounds exhibit anxiolytic, anticonvulsant, muscle relaxant and sedative/hypnotic effects. Compounds that allosterically reduce GABA-induced chloride flux are called "inverse agonists". These compounds have actions opposite those of "agonists": they are anxiogenic and proconvulsant and enhance vigilance, learning and memory. A third class of compounds binding to the receptor via the benzodiazepine binding site do not directly alter GABA-induced chloride flux. These compounds in most cases do not elicit behavioral effects on their own, but prevent the interaction of "agonists" or "inverse agonists" with these receptors. They are therefore called allosteric "antagonists" (2, 5).

The efficacy of compounds for eliciting such effects can vary. Thus, in addition to full agonists or full inverse agonists exhibiting a maximum enhancement or reduction of GABAergic currents, respectively, some compounds show weaker actions (partial agonists or partial inverse agonists). In addition, the agonist or inverse agonist efficacy of a compound is usually distinct for different receptor subtypes. Thus, a compound can be a full agonist at one type of receptor and exhibit partial agonist or even inverse agonist activity at other receptor subtypes (5, 9).

Since the properties of compounds interacting with the benzodiazepine site are dependent on the type of α and γ subunit, but not the β subunit, present in the recombinant receptors, it is assumed that the benzodiazepine binding site is located at the α/γ interface of GABA_A receptors (32). This conclusion is also supported by mutagenesis studies (33), as well as recent modeling studies of the GABA_A receptor (34, 35). Since GABA_A receptors can contain any of the 6 different α and 3 different γ subunits, up to 18 different GABA_A receptor subtypes with distinct benzodiazepine binding sites may exist. These distinct benzodiazepine binding sites could be used to selectively modulate these receptor subtypes, provided that drugs can be found that selectively interact with these sites.

Classical benzodiazepines, such as diazepam, flunitrazepam or clonazepam, as well as other compounds interacting with the benzodiazepine binding site of GABA_A receptors, strongly interact with receptors comprised of α , β and $\gamma 2$ subunits. The majority of these compounds, however, are inactive or only weakly active at receptors containing $\gamma 1$ subunits (36). Although some benzodiazepine ligands can modulate receptors containing $\gamma 3$ subunits (9), these receptors are present in very low amounts in the brain (3). Thus, the currently prescribed

benzodiazepines and most of the structurally unrelated compounds interacting with the benzodiazepine binding site of GABA_A receptors mediate their effects predominantly by interacting with GABA_A receptors containing $\gamma 2$ subunits.

Receptors composed of $\alpha 4\beta\gamma 2$ or $\alpha 6\beta\gamma 2$ subunits exhibit markedly different pharmacology (2, 9). Most of the classical benzodiazepines, such as diazepam, flunitrazepam or clonazepam, do not interact with these receptors. Imidazobenzodiazepines, such as Ro-15-4513 or flumazenil, however, interact not only with these receptors but also with receptors containing $\alpha 1,2,3,5\beta\gamma 2$ subunits. Since the selectivity of compounds targeting $\alpha 4\beta\gamma 2$ or $\alpha 6\beta\gamma 2$ receptors is only weak (37-39), the behavioral effects mediated by $\alpha 4$ - or $\alpha 6$ -containing receptors are presently not known. Given this information, it is clear that most of the effects of diazepam or other benzodiazepine binding site ligands are mediated via GABA_A receptors comprised of $\alpha 1\beta\gamma 2$, $\alpha 2\beta\gamma 2$, $\alpha 3\beta\gamma 2$ or $\alpha 5\beta\gamma 2$ subunits. Since the classical benzodiazepines exhibit relatively similar efficacy for modulating all these receptors, it is not surprising that the clinical spectrum of action of these compounds is quite similar. Only some drugs in current use, such as the sedative/hypnotic compound zolpidem, exhibit some selectivity for $\alpha 1$ subunit-containing receptors (2, 9).

1. Partial benzodiazepine-site agonists exhibit selective actions

Several years ago the concept emerged that anxiolytic effects can be elicited by full agonists at low receptor occupation, whereas partial agonists require full receptor occupation to elicit the same effect. For eliciting sedative/hypnotic actions, however, full agonists require high receptor occupancy (40, 41). It was therefore expected that partial agonists could never achieve a sufficiently high receptor occupancy and therefore might maintain the beneficial anxiolytic properties but have a lower propensity to cause unwanted sedative/hypnotic side effects. Indeed, in preclinical animal assays, it appeared that partial agonists retained their anxiolytic activity but had decreased sedation, withdrawal and abuse liability. Examples of such compounds are bretazenil (42) and abecarnil (43). Both compounds were evaluated in the clinic, but unfortunately neither proved successful. Abecarnil did not achieve the required level of anxiolytic activity, although it was not sedative, whereas bretazenil was reported to lack sufficient separation between anxiolytic and sedative effects (22). Results from animal studies can not therefore be directly translated to the human situation.

Another compound which reached phase III development for generalized anxiety disorder, however, appeared to come close to the expectations linked with partial agonists. Ocinalon is a low-potency compound (micromolar EC₅₀ at GABA_A receptors) with full agonist properties at $\alpha 1\beta 2\gamma 2$ receptors and partial agonist properties at $\alpha 2\beta 2\gamma 2$, $\alpha 3\beta 2\gamma 2$ and $\alpha 5\beta 2\gamma 2$ receptors (22).

This compound was reported to exhibit a significant anxiolytic effect in patients and only 1% of the patients treated reported somnolence or sedation (44). The clinical profile of this compound is thus surprisingly different from the sedative and hypnotic properties expected from its significant activity at $\alpha 1$ subunit-containing receptors. The reason for this interesting effect is currently not clear, but it is possible that the low potency of ocinalon leads to only a small activation of the respective receptors, causing beneficial effects. If this is true, it is possible that the partial agonists developed so far are still too strong and that drugs with low efficacy should be developed in the future. Alternatively, however, it is possible that the beneficial effects of ocinalon are caused by an active metabolite, as suspected for pagoclone, another benzodiazepine-site ligand (45). Further experiments will be needed to clarify the mechanism of action of this type of compound. Although the clinical development of ocinalon is on hold owing to potential hepatic toxicity (<http://www.dovpharm.com>), it could have provided proof of principle for the development of partial agonists as anxiolytic drugs. Among the thousands of benzodiazepine-site ligands of different structural classes synthesized with the aim of developing better anxiolytics, low-potency weak partial agonists have never been thoroughly investigated because they were not considered of interest. Suitable compounds are thus probably available at a number of pharmaceutical companies. If they are derived from a basic structure with known low toxicity, such as the classical benzodiazepines, the clinical development of such compounds might be straightforward and possibly successful.

2. GABA_A receptor subtype-selective drugs acting via the benzodiazepine site

Much effort has been put into the development of compounds with selective affinity for the benzodiazepine binding site of certain GABA_A receptor subtypes. Most of the compounds developed preferentially interact with the benzodiazepine binding site of $\alpha 1$ -containing receptors. Thus, the triazolopyridazine CL-218872, the benzodiazepines oxazepam and cinolazepam, or the imidazopyridine zolpidem exhibit approximately 10 times higher affinity for $\alpha 1$ - than for $\alpha 2$ -, $\alpha 3$ - or $\alpha 5$ -containing receptors (46, 47). Zolpidem, in addition, exhibits practically no affinity for $\alpha 5$ -containing receptors (2). In agreement with the results indicating that compounds preferentially interacting with $\alpha 1$ -containing receptors should exhibit sedative actions, zolpidem appears to predominantly exert sedative/hypnotic properties. So far, however, no compounds with selective binding affinity for $\alpha 2$ -, $\alpha 3$ - or $\alpha 5$ -containing receptors have been reported.

Although the affinity of a compound for a certain receptor subtype is important, it is the efficacy that determines drug action. Recently, several compounds have been developed that exhibit subtype-selective efficacy. The first of these was L-838417 (12). This compound exhibits comparable nanomolar affinities for recombinant

human $\alpha 1$ -, $\alpha 2$ -, $\alpha 3$ - or $\alpha 5$ -containing receptors, but significant efficacy selectivity: the maximum potentiation of an EC_{20} concentration of GABA was essentially zero at $\alpha 1$ -containing receptors, but was 34%, 39% and 36% of that of the nonselective full agonist chlordiazepoxide, respectively, at $\alpha 2$ -, $\alpha 3$ - and $\alpha 5$ -containing receptors (22). Thus, different receptors, although exhibiting similar affinity for ligands, show structural differences in the receptor domains mediating the allosteric coupling of the benzodiazepine binding site, GABA site and the intrinsic ion channel, thus leading to different efficacies of compounds.

L-838417 was found to be a robust anxiolytic agent with a 30-fold separation over doses needed to elicit a sedative effect, and it was found to be an effective non-sedating anxiolytic agent in primates, also exhibiting a much reduced potential for abuse compared with both full non-selective benzodiazepine agonists and zolpidem (48). These data supported the conclusion that the $\alpha 1$ -containing GABA_A receptors primarily mediate the sedative effects of benzodiazepines, whereas the $\alpha 2$ -, $\alpha 3$ - or $\alpha 5$ -containing GABA_A receptors mediate the anxiolytic effects.

This was further supported by results for SL-651498, which appears to be a full agonist at $\alpha 2$ - and $\alpha 3$ -containing receptors and a partial agonist at $\alpha 1$ - and $\alpha 5$ -containing receptors (49). In preclinical models, the compound appeared to have a significant separation between anxiolytic and sedative activity. Similarly, in primate studies, SL-651498 was found to be an effective anxiolytic and muscle relaxant, but did not induce ataxia (50). The development status of this compound is unknown, because it does not appear in the sanofi-aventis pipeline (<http://en.sanofi-aventis.com>), although in the past it has been forwarded as a treatment for both anxiety and muscle spasms (22).

Another compound exhibits a quinoline structure derived from the fluoroquinolone antibiotics (e.g., norfloxacin) and appears to have no efficacy at recombinant human $\alpha 1\beta 2\gamma 2$ receptors, but significant efficacy at $\alpha 2\beta 2\gamma 2$ receptors (51). No data were provided regarding the effects at $\alpha 3$ - or $\alpha 5$ -containing receptors. This compound was shown to have significant anxiolytic activity in the absence of sedative activity.

Pagoclone is a cyclopyrrolone compound that is well tolerated in humans and effective in panic attacks and generalized anxiety disorder. It is a full agonist at $\alpha 3$ -containing GABA_A receptors and a partial agonist at $\alpha 1$ -, $\alpha 2$ - and $\alpha 5$ -containing receptors (52). Due to lack of robust efficacy, however, this compound is now being developed by Indevus (<http://www.indevus.com>) for the treatment of stuttering (45).

The possible involvement of $\alpha 3$ -containing receptors in the anxiolytic effects of benzodiazepine-site ligands was supported by the preclinical effects of the inverse agonist compound $\alpha 3IA$ (53). This compound not only exhibited selective affinity (EC_{50} = 1300 nM at $\alpha 1$ -, 185 nM at $\alpha 2$ - and 70 nM at $\alpha 3$ -containing receptors), but also some functional selectivity (maximum inhibition of EC_{20} concentrations of GABA: 31% at $\alpha 1$ -, 24% at $\alpha 2$ -, 45% at $\alpha 3$ - and 14% at $\alpha 5$ -containing receptors). When tested in

rats, $\alpha 3IA$ was anxiogenic, possibly supporting a role for $\alpha 3$ -containing receptors in mediating the anxiolytic responses of benzodiazepines.

Similar results were reported from a compound of the 3-heteroaryl-2-pyridone class (54), which was anxiogenic in animal experiments and acted as a selective inverse agonist at $\alpha 3$ -containing receptors with minimal efficacy at $\alpha 1$ - or $\alpha 2$ -containing receptors.

A possible role for $\alpha 3$ -containing receptors in the anxiolytic effects of benzodiazepine-site ligands is also weakly supported by results for ELB-139, which is described as a low-affinity partial agonist at $\alpha 3$ -containing receptors (55). However, no data were presented indicating that it is subtype-selective. The compound has an anxiolytic profile but no data on its sedative properties were reported.

The strongest support for a role for $\alpha 3$ -containing receptors in mediating the anxiolytic responses of benzodiazepines comes from data generated with the imidazopyridine TP-003 (56). This compound exhibits an equivalent high affinity at recombinant $\alpha 1$ -, $\alpha 2$ -, $\alpha 3$ - and $\alpha 5$ -containing and minimal affinity at $\alpha 4$ - and $\alpha 6$ -containing GABA_A receptors. Interestingly, however, this compound exhibited significant efficacy only at $\alpha 3$ -containing receptors, acting as a full agonist. In rodents, TP-003 produced significant anxiolytic but no sedative activity, strongly suggesting an important role for $\alpha 3$ -containing GABA_A receptors in the anxiolytic response to benzodiazepines. However, this conclusion was not supported by data from genetically modified mice, which indicated that $\alpha 2$ - and not $\alpha 3$ -containing receptors mediate the anxiolytic effects of benzodiazepines. The reason for this apparent discrepancy remains unclear. However, since TP-003 requires a rather high 75% receptor occupancy for anxiolysis, in contrast to chlordiazepoxide which requires 25% receptor occupancy for its anxiolytic effect, it cannot be excluded that a weak interaction with other GABA_A receptor subtypes, such as $\alpha 2$ -containing receptors, might contribute to the anxiolytic effect of TP-003 (56).

Recent reports also indicate that it is possible to develop compounds with selective efficacy at $\alpha 5$ -containing GABA_A receptors. One of the first compounds developed was FG-8094/L-655708, which exhibited 50-fold higher affinity for $\alpha 5$ subunit-containing receptors as compared to $\alpha 2$ - or $\alpha 3$ -containing receptors and 100-fold higher affinity as compared to $\alpha 1$ -containing receptors (31). This compound acts as a partial inverse agonist at $\alpha 5$ -containing receptors and its tentative use for cognition enhancement has been patented. Similar properties were exhibited by two other compounds (57, 58) which are potent inverse agonists at $\alpha 5$ -containing receptors with little or no efficacy at other receptor subtypes. Both compounds improved the performance of rodents in a well-known model of spatial memory, the Morris water maze. Interestingly, these $\alpha 5$ -selective inverse agonists did not appear to be convulsive and they were not proconvulsive in the presence of pentylenetetrazol. These data clearly indicate the potential utility of these compounds as cognition enhancers in

disorders such as mild cognitive impairment and Alzheimer's disease.

Subtype selectivity of drugs interacting with unidentified binding sites on GABA_A receptors

Several compounds, such as furosemide (39, 59), amiloride (60), γ -butyrolactones (61, 62), ROD compounds (63-65) or a structural analogue of the fluoroquinolone antibiotic norfloxacin (51), have been identified which appear to interact with novel, as yet unidentified binding sites on GABA_A receptors. The efficacy of these compounds appears to depend on the type of α subunit present on the receptors. Other compounds, such as loreclezole (66, 67) or etomidate (68), preferentially act on GABA_A receptors containing a β 2 or β 3 subunit, and have no effect on receptors containing β 1 subunits.

Salicylidene salicylhydrazide (69) was one of the first compounds with selectivity for receptors containing the β 1 subunit. In addition, various antiinflammatory agents (70), including mefenamic acid, flufenamic acid, meclofenamic acid, tolafenamic acid, niflumic acid and diflunisal, exhibited varying levels of efficacy and potency at β 2- or β 3-containing receptors, while having antagonist or weak inverse agonist profiles at β 1-containing receptors. Although amino acid residues have been identified on GABA_A receptors which appear to be involved in the action of loreclezole (66, 67) and etomidate (68), or of salicylidene salicylhydrazide (69), it is not yet clear whether these residues are located close to the binding sites of these compounds or whether they are only important for transduction of the drug effects. In any case, the fact that there are compounds exhibiting β subtype selectivity offers the possibility to develop more selective compounds with higher affinity and efficacy in order to study the function of receptors containing different β subunits in the brain.

The action of trazolam (71) also appears to depend on the type of β subunit on the receptor, and is strongly influenced by the nature of the third subunit (γ , δ or ϵ) (72). This compound is a low-potency anxiolytic with a large window of separation between the anxiolytic effect and potential side effects. It will be interesting to identify the site of interaction of this compound on GABA_A receptors because it could be a prototype drug with a highly interesting clinical profile.

Neuroactive steroids are endogenous metabolites of progesterone and deoxycorticosterone that exhibit anxiolytic, anticonvulsant, analgesic, sedative and, at relatively high doses, anesthetic actions (73). A variety of experiments have indicated that these compounds are highly selective and extremely potent modulators of the GABA_A receptor (74). For a long time it was assumed that neither the potency nor the efficacy of steroids depends on the subunit composition of GABA_A receptors. Recent evidence, however, indicates that neurosteroids (75), and possibly also etomidate and certain anesthetics (76), stimulate GABA_A receptors such as extrasynaptic δ -containing receptors.

It has been suggested that at least some of the actions of ethanol are mediated via GABA_A receptors, but it has proved difficult to pinpoint the interaction of ethanol with these receptors. According to the vast literature on ethanol and GABA_A receptors, it emerges that the effects of ethanol at these receptors, if they can be observed at all, are seen only at fairly high concentrations (above 60 mM) (76). Recently, it was demonstrated that 3 mM ethanol reproducibly enhances GABA action at α 4 β 3 δ and α 6 β 3 δ GABA_A receptors (76). This concentration is 6 times lower than the legal blood alcohol intoxication (driving) limit in most states (0.08% wt/vol or 17.4 mM). Effects seen at such low concentrations of ethanol might therefore be responsible for the anxiolytic actions of ethanol seen after the first sips from a glass of wine. This was recently supported by the finding that Ro-15-4513, which has been demonstrated to specifically antagonize the ataxic effects of ethanol, binds with nanomolar affinity to α 4 β 3 δ and α 6 β 3 δ GABA_A receptors. Moreover, its binding can be selectively and competitively inhibited by low micromolar concentrations of ethanol, suggesting that Ro-15-4513 and ethanol interact with the same binding site (77). The pharmacological properties of this novel binding site on α 4 β 3 δ and α 6 β 3 δ GABA_A receptors are completely different from those of the benzodiazepine binding site on α 1 β 2 receptors. Given the anxiolytic effects of low concentrations of ethanol, these data indicate that anxiolytic effects may not only be mediated by α 2 β 2 receptors, but also by other types of GABA_A receptors, for instance α 4 β 3 δ receptors. Thus, the Ro-15-4513 binding site on α 4 β 3 δ GABA_A receptors may be a target for the development of compounds with anxiolytic activity.

Structure of GABA_A receptors suggests new targets for the development of subtype-selective drugs

The GABA_A receptor is a member of the superfamily of pentameric ligand-gated ion channels that also includes the nicotinic acetylcholine (nACh), 5-HT₃ and glycine receptors. Recently, structural information on this receptor superfamily became available using cryo-EM images of the nACh receptor (78-81), as well as from the crystal structure of the pentameric acetylcholine binding protein (AChBP), which turned out to be homologous to the extracellular domain of the nACh receptor (82). Using the AChBP, and later on the structural information from the nACh receptor extracellular and transmembrane domains as a template, homology models of the extracellular and transmembrane domains of GABA_A receptors have been generated (34, 35). The resulting structural information was not only consistent with the available experimental data, but also for the first time allowed the visualization of the receptor in three dimensions and the identification of its functional parts.

Interestingly, the analysis of solvent-accessible space in these models indicated the presence of at least 15 different pockets, which appear to be necessary for conformational changes of GABA_A receptors and may also be used as possible drug binding sites (35). Five of these

pockets are located in the extracellular domain at the five interfaces between subunits. Two of the extracellular pockets form the two GABA binding sites, and one forms the benzodiazepine binding site of GABA_A receptors. In the remaining two extracellular pockets, no drug binding site has yet been identified. Five additional pockets are located at the five interfaces of the helical transmembrane domains, and five pockets are located within the four helix bundles that form the transmembrane domain of each subunit (35).

The occurrence of multiple pockets at subunit interfaces, as well as "inside" of the individual subunits themselves, explains, at least in principle, the large number of proposed "separate" allosterically interacting modulatory sites described in the literature. Mutagenesis studies have already identified several segments that are essential for the action of certain drugs and that can now be examined in the light of three-dimensional models. For instance, amino acid residues in α subunits demonstrated to be important for the action of volatile anesthetics (83) have been found to point into the intrahelical pocket of α subunits using the current structural models (35), thus providing strong support for an "anesthetic" pocket in GABA_A receptors. In addition, the TM2 segment of the β subunit, which is homologous to that of the α subunit forming the volatile anesthetic pocket, is known to be responsible for the β subtype selectivity of loreclezole (70). Another residue looking into the intrahelical pocket of β subunits when mutated to a cysteine has been demonstrated to be protected by propofol from covalent modification by cysteine reagents (84), a strong indication of a binding site near this residue. Since an intrahelical pocket is present in each of the two α and two β subunits of a receptor comprised of two α , two β and one γ subunit, more than one binding site for these drugs is present on GABA_A receptors. It is therefore possible that, depending on the conformational state of the receptor, drugs can enter one or more of these pockets and either stabilize or induce a certain conformation and modulate the function of the receptor.

In conclusion, there are many more potential drug binding sites on GABA_A receptors than previously thought and several of them are formed by amino acid sequences that are different in different receptor subtypes. It can thus be assumed that the respective pockets exhibit receptor subtype-specific structures, offering the possibility of developing receptor subtype-selective compounds with novel mechanisms of action. The availability of structural models of GABA_A receptors now allows us to visualize possible drug binding sites, conceive experiments for refining their structure and use this information, as well as that on structural differences in receptor subtypes, for a more rational search for subtype-selective drugs. Targeting drugs to GABA_A receptor subtypes holds the promise of increased clinical specificity compared with the classical benzodiazepines. In addition, therapeutic applications beyond those of the classical benzodiazepines may emerge from drugs specifically enhancing or reducing the activ-

ity of minor GABA_A receptor subtypes located only at certain neurons.

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